

Resource Summary Report

Generated by NIF on Sep 16, 2026

Army STARRS

RRID:SCR_006708

Type: Tool

Proper Citation

Army STARRS (RRID:SCR_006708)

Resource Information

URL: <http://www.armystarrs.org/>

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Description: Study of mental health risk and resilience factors ever conducted among military personnel. The purpose of Army STARRS is to identify as quickly as possible factors that protect or pose risks to Soldiers' emotional well-being and overall mental health so that the Army may apply the knowledge to its ongoing health promotion, risk reduction, and suicide prevention efforts. Army STARRS investigators will use four separate study components the Historical Data Study, New Soldier Study, All Army Study, and Soldier Health Outcomes Study to identify factors that help protect a Soldier's mental health and factors that put a Soldier's mental health at risk. Army STARRS is a five-year study that will run through 2014. Findings will be reported as they become available, so that the Army may apply them to its ongoing health promotion, risk reduction, and suicide prevention efforts. Given its length and scope, Army STARRS will generate a vast amount of information and will allow investigators to focus on periods in a military career that are known to be high risk for psychological problems. The information gathered from volunteer participants throughout the study will help researchers identify not only potentially relevant risk factors, but potential protective factors as well. Because promoting mental health and reducing suicide risk are important for all Americans, the findings from Army STARRS will benefit not only servicemembers but the nation as a whole. NIMH has assembled a group of renowned experts to carry out this research including teams from the Uniformed Services University of the Health Sciences (USUHS), the University of California, San Diego, University of Michigan, Harvard Medical School, and NIMH. Additional Army and NIMH program staff will contribute to the oversight and implementation of the study. This research team brings together international leaders in military health, health and behavior surveys, epidemiology, suicide, and genetic and neurobiological factors involved in psychological health.

Abbreviations: Army STARRS

Synonyms: Army Study To Assess Risk and Resilience in Servicemembers

Resource Type: data or information resource, disease-related portal, portal, research forum portal, topical portal

Keywords: mental health, suicide, mental disease, one mind ptsd, one mind tbi

Funding: NIMH ;
U.S. Army

Resource Name: Army STARRS

Resource ID: SCR_006708

Alternate IDs: nlx_143810

Record Creation Time: 20220129T080237+0000

Record Last Update: 20260912T200012+0000

Ratings and Alerts

No rating or validation information has been found for Army STARRS.

No alerts have been found for Army STARRS.

Data and Source Information

Source: [SciCrunch Registry](#)

Usage and Citation Metrics

We found 5 mentions in open access literature.

Listed below are recent publications. The full list is available at [NIF](#) .

Escolas SM, et al. (2017) Postdischarge Cause-of-Death Analysis of Combat-Related Burn Patients. Journal of burn care & research : official publication of the American Burn Association, 38(1), e158.

Blasco MJ, et al. (2016) Predictive models for suicidal thoughts and behaviors among Spanish University students: rationale and methods of the UNIVERSAL (University & mental health) project. BMC psychiatry, 16, 122.

Niculescu AB, et al. (2015) Understanding and predicting suicidality using a combined genomic and clinical risk assessment approach. Molecular psychiatry, 20(11), 1266.

Mehlman MJ, et al. (2014) Ethical, legal, social, and policy issues in the use of genomic technology by the U.S. Military. Journal of law and the biosciences, 1(3), 244.

Ritchie EC, et al. (2012) Suicide and the United States army: perspectives from the former psychiatry consultant to the army surgeon general. Cerebrum : the Dana forum on brain science, 2012, 1.